

# YOUTH LEAGUES

NOW AT



COURTSIDE  
— FITNESS



L<sub>0</sub> at COURTSIDE

- Games Begin May 19th
- 6 Weeks of League Play
- Playoffs at the End of Regular Season
- Team Coaches will be Courtside Coaches with High-school or College Experience
- Uniforms Included in Price



Registration will  
open April 28th

Scan QR or visit [lzero.us](http://lzero.us) for more  
information and to sign up

**\$175**  
/person

# YOUTH BASKETBALL

## TRAINING CAMPS AT



**COURTSIDE**  
FITNESS

**3 Day Camps** — All run by coaches with college & pro level experience (**June 10-12, July 8-10, August 5-7**)

**1. Developmental (Grades 4-8) — \$250**

8am - 11am

**2. Advanced (Grades 9-12) — \$325**

4 pm - 7 pm

## YOUTH BASKETBALL TRAINING

**1. Individual 1-on-1 training and coaching**

**2. Group — 60 minute session of 4-5 players.**

Every player gets real time game situation instructional guidance & works through concepts alongside other players.

**Level 1 | Advanced | Pro Level**

## COMPREHENSIVE TRAINING

**Basketball + Strength and Conditioning**

Scan the QR code or Visit [lzero.us](http://lzero.us) for more information and to sign up for a Camp/Training.

